

Parish of the Upper Skerne



Morning and Night Prayer

Morning Prayer

Preparation

O Lord, open our lips
and our mouth shall proclaim your praise.

In your resurrection, O Christ,
let heaven and earth rejoice. Alleluia.

Blessed are you, Lord God of our salvation,
to you be praise and glory for ever.

As once you ransomed your people from Egypt
and led them to freedom in the promised land,
so now you have delivered us from the dominion of darkness
and brought us into the kingdom of your risen Son.

May we, the first fruits of your new creation,
rejoice in this new day you have made,
and praise you for your mighty acts.

Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

The Word of God

The Psalm of the day is read

At the end we say

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now:
and shall be for ever. Amen.

*If there are two Scripture readings, the first may be read here, or
both may be read after the canticle*

Old Testament Canticle

The Song of Moses and Miriam

- 1 I will sing to the Lord, who has triumphed gloriously, ♦
the horse and his rider he has thrown into the sea.
- 2 The Lord is my strength and my song ♦
and has become my salvation.
- 3 This is my God whom I will praise, ♦
the God of my forebears whom I will exalt.
- 4 The Lord is a warrior, ♦
the Lord is his name.
- 5 Your right hand, O Lord, is glorious in power: ♦
your right hand, O Lord, shatters the enemy.
- 6 At the blast of your nostrils, the sea covered them; ♦
they sank as lead in the mighty waters.
- 7 In your unfailing love, O Lord, ♦
you lead the people whom you have redeemed.
- 8 And by your invincible strength ♦
you will guide them to your holy dwelling.
- 9 You will bring them in and plant them, O Lord, ♦
in the sanctuary which your hands have established.

Exodus 15.1b-3, 6, 10, 13, 17

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

One or more readings appointed for the day are read.

Old Testament Reading

At the end, the reader may say

This is the word of the Lord.

Thanks be to God.

The reading may be followed by a time of silence.

Death is swallowed up in victory.

Where, O death, is your sting?

Christ is risen from the dead,
the first fruits of those who have fallen asleep.

Death is swallowed up in victory.

The trumpet will sound
and the dead shall be raised.

Where, O death, is your sting?

We shall not all sleep,
but we shall be changed.

Death is swallowed up in victory.

Where, O death, is your sting?

Benedictus (The Song of Zechariah)

- 1 Blessed be the Lord the God of Israel, ♦
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦
to save us from our enemies,
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦
to set us free from the hands of our enemies,

- 6 Free to worship him without fear, ♦
holy and righteous in his sight
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most
High, ♦
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow
of death, ♦
and to guide our feet into the way of peace.

Prayers

Intercessions are offered.

On this day that the Lord has made,
let us pray for the people he has redeemed.

That we may live as those who believe in the triumph of the
cross: **R**

That all people may receive the good news of his victory: **R**

That those born to new life in the waters of baptism
may know the power of his resurrection: **R**

That those who suffer pain and anguish
may find healing and peace in the wounds of Christ: **R**

That in the undying love of Christ
we may be united with all who have died in the faith of Christ: **R**

Let us commend the world, in which Christ rose from the dead,
to the mercy and protection of God.

Lord, in your mercy
hear our prayer

Silence may be kept.

The Collect is said.

Amen.

The Lord's Prayer is said

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

The Conclusion

May the risen Christ grant us the joys of eternal life.
Amen.

Let us bless the Lord.
Thanks be to God.

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Night Prayer (Compline)

Preparation

The Lord almighty grant us a quiet night and a perfect end.
Amen.

Our help is in the name of the Lord
who made heaven and earth.

**Most merciful God,
we confess to you,
before the whole company of heaven and one another,
that we have sinned in thought, word and deed
and in what we have failed to do.
Forgive us our sins,
heal us by your Spirit
and raise us to new life in Christ. Amen.**

O God, make speed to save us.
**O Lord, make haste to help us.
Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

From evil dreams defend our sight,
From fears and terrors of the night;
Tread underfoot our deadly foe
That we no sinful thought may know.

O Father, that we ask be done
Through Jesus Christ, your only Son;

And Holy Spirit, by whose breath
Our souls are raised to life from death.

The Word of God

Psalmody

- 1 Bless the Lord, O my soul. ♦
O Lord my God, how excellent is your greatness!
- 21 You appointed the moon to mark the seasons, ♦
and the sun knows the time for its setting.
- 22 You make darkness that it may be night, ♦
in which all the beasts of the forest creep forth.
- 23 The lions roar for their prey ♦
and seek their food from God.
- 24 The sun rises and they are gone ♦
to lay themselves down in their dens.
- 25 People go forth to their work ♦
and to their labour until the evening. **R**
- 26 O Lord, how manifold are your works! ♦
In wisdom you have made them all;
the earth is full of your creatures.
- 27 There is the sea, spread far and wide, ♦
and there move creatures beyond number, both small
and great.
- 28 There go the ships, and there is that Leviathan ♦
which you have made to play in the deep.
- 29 All of these look to you ♦
to give them their food in due season.
- 30 When you give it them, they gather it; ♦
you open your hand and they are filled with good.

- 31 When you hide your face they are troubled; ♦
when you take away their breath,
they die and return again to the dust.
- 32 When you send forth your spirit, they are created, ♦
and you renew the face of the earth. **R**
- 33 May the glory of the Lord endure for ever; ♦
may the Lord rejoice in his works;

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now:
and shall be for ever. Amen.**

Scripture Reading

The servants of the Lamb shall see the face of God, whose name will be on their foreheads. There will be no more night: they will not need the light of a lamp or the light of the sun, for God will be their light, and they will reign for ever and ever.

Revelation 22.4,5

Into your hands, O Lord, I commend my spirit.
Into your hands, O Lord, I commend my spirit.
For you have redeemed me, Lord God of truth.
I commend my spirit.
Glory to the Father and to the Son
and to the Holy Spirit.
Keep me as the apple of your eye.
Hide me under the shadow of your wings.

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

- 1 Now, Lord, you let your servant go in peace:
your word has been fulfilled.
- 2 My own eyes have seen the salvation
which you have prepared in the sight of every people;
- 3 A light to reveal you to the nations
and the glory of your people Israel.

Luke 2.29-32

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

**Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.**

Prayers

Silence may be kept.

Almighty God,
by triumphing over the powers of darkness
Christ has prepared a place for us in the new Jerusalem:
may we, who have this day given thanks for his resurrection,
praise him in the eternal city
of which he is the light;
through Jesus Christ our Lord.
Amen.

The Conclusion

In peace we will lie down and sleep;
for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,
for the night is at hand and the day is now past.

As the night watch looks for the morning,
so do we look for you, O Christ.

The Lord bless us and watch over us;
the Lord make his face shine upon us and be gracious to us;
the Lord look kindly on us and give us peace.
Amen.