

# **Parish of the Upper Skerne**



## **Morning and Night Prayer**

# Morning Prayer

## ***Preparation***

We have come together in the name of Christ  
to offer our praise and thanksgiving,  
to hear and receive God's holy word,  
to pray for the needs of the world,  
and to seek the forgiveness of our sins,  
that by the power of the Holy Spirit  
we may give ourselves to the service of God.

Blessed are you, Lord our God,  
creator and redeemer of all;  
to you be glory and praise for ever.  
From the waters of chaos you drew forth the world.  
and in your great love fashioned us in your image.  
Now, through the deep waters of death,  
you have brought your people to new birth  
by raising your Son to life in triumph.  
May Christ your light ever dawn in our hearts  
as we offer you our sacrifice of thanks and praise.  
Blessed be God, Father, Son and Holy Spirit:  
**Blessed be God for ever.**

## ***The Word of God***

### ***The Psalm of the day is read***

### ***At the end we say***

Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now:  
and shall be for ever. Amen.

*If there are two Scripture readings, the first may be read here, or both may be read after the canticle*

## **Old Testament Cantic**

### **A Song of David**

- 1 Blessed are you, God of Israel, for ever and ever, ♦  
for yours is the greatness, the power,  
the glory, the splendour and the majesty.
- 2 Everything in heaven and on earth is yours; ♦  
yours is the kingdom, O Lord,  
and you are exalted as head over all.
- 3 Riches and honour come from you ♦  
and you rule over all.
- 4 In your hand are power and might; ♦  
yours it is to give power and strength to all.
- 5 And now we give you thanks, our God, ♦  
and praise your glorious name.
- 6 For all things come from you, ♦  
and of your own have we given you.

*1 Chronicles 29.10b-13, 14b*

Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

*One or more readings appointed for the day are read.*

## **Old Testament Reading**

*At the end, the reader may say*

This is the word of the Lord.

**Thanks be to God.**

*The reading may be followed by a time of silence.*

Awake, O sleeper, and arise from the dead

**And Christ shall give you light.**

You have died and your life is hid with Christ in God.

**Awake, O sleeper, and arise from the dead.**

Set your minds on things that are above,  
not on things that are on the earth.

**And Christ shall give you light.**

When Christ our life appears you will appear with him in glory.

**Awake, O sleeper, and arise from the dead,  
and Christ shall give you light.**

### ***Benedictus (The Song of Zechariah)***

- 1 Blessed be the Lord the God of Israel, ♦  
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦  
born of the house of his servant David.
- 3 Through his holy prophets God promised of old ♦  
to save us from our enemies,  
from the hands of all that hate us,
- 4 To show mercy to our ancestors, ♦  
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦  
to set us free from the hands of our enemies,
- 6 Free to worship him without fear, ♦  
holy and righteous in his sight  
all the days of our life.
- 7 And you, child, shall be called the prophet of the Most  
High, ♦  
for you will go before the Lord to prepare his way,

- 8 To give his people knowledge of salvation ♦  
by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦  
the dawn from on high shall break upon us,
- 10 To shine on those who dwell in darkness and the shadow  
of death, ♦  
and to guide our feet into the way of peace.

## **Prayers**

*Intercessions are offered.*

In peace, let us pray to Jesus our Lord,  
who ever lives to make intercession for us.

Saviour of the world,  
be present in all places of suffering, violence and pain,  
and bring hope even in the darkest night.  
Inspire us to continue your work of reconciliation today. **R**

Lord of the Church,  
empower by your Spirit all Christian people, [*especially NN*],  
and the work of your Church in every land.  
Give us grace to proclaim the gospel joyfully in word and deed.  
**R**

Shepherd and Guardian of our souls,  
guide and enable all who lead and serve this community  
and those on whom we depend for our daily needs.  
Grant that we may seek the peace and welfare of this place. **R**

Great Physician,  
stretch out your hand to bring comfort, wholeness and peace  
to [*N and*] all who suffer in body, mind, or spirit.  
Fill us with compassion, that we may be channels of  
your healing love. **R**

Conqueror of death,  
remember for good those whom we love but see no longer.

Help us to live this day in the sure and certain hope of your eternal victory. **R**

*Free prayer may be offered and silence is kept.*

Let us commend ourselves, and all for whom we pray, to the mercy and protection of God.

*The Collect is said.*

**Amen.**

*The Lord's Prayer is said*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

***The Conclusion***

***The Blessing***

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.  
**Amen.**

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# Night Prayer (Compline)

## *Preparation*

The Lord almighty grant us a quiet night and a perfect end.  
**Amen.**

Our help is in the name of the Lord  
**who made heaven and earth.**

**Most merciful God,  
we confess to you,  
before the whole company of heaven and one another,  
that we have sinned in thought, word and deed  
and in what we have failed to do.  
Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ. Amen.**

O God, make speed to save us.  
**O Lord, make haste to help us.  
Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.

O Father, that we ask be done  
Through Jesus Christ, your only Son;

And Holy Spirit, by whose breath  
Our souls are raised to life from death.

### ***The Word of God***

- 1       Whoever dwells in the shelter of the Most High ♦  
          and abides under the shadow of the Almighty,
- 2       Shall say to the Lord, 'My refuge and my stronghold, ♦  
          my God, in whom I put my trust.'
- 3       For he shall deliver you from the snare of the fowler ♦  
          and from the deadly pestilence.
- 4       He shall cover you with his wings  
          and you shall be safe under his feathers; ♦  
          his faithfulness shall be your shield and buckler. **R**
- 5       You shall not be afraid of any terror by night, ♦  
          nor of the arrow that flies by day;
- 6       Of the pestilence that stalks in darkness, ♦  
          nor of the sickness that destroys at noonday.
- 7       Though a thousand fall at your side  
          and ten thousand at your right hand, ♦  
          yet it shall not come near you.
- 8       Your eyes have only to behold ♦  
          to see the reward of the wicked. **R**
- 9       Because you have made the Lord your refuge ♦  
          and the Most High your stronghold,
- 10      There shall no evil happen to you, ♦  
          neither shall any plague come near your tent.
- 11      For he shall give his angels charge over you, ♦  
          to keep you in all your ways.
- 12      They shall bear you in their hands, ♦  
          lest you dash your foot against a stone.

- 13 You shall tread upon the lion and adder; ♦  
the young lion and the serpent you shall trample  
underfoot. **R**
- 14 Because they have set their love upon me,  
therefore will I deliver them; ♦  
I will lift them up, because they know my name.
- 15 They will call upon me and I will answer them; ♦  
I am with them in trouble,  
I will deliver them and bring them to honour.
- 16 With long life will I satisfy them ♦  
and show them my salvation.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now:  
and shall be for ever. Amen.**

You, O Lord, are in the midst of us and we are called by your  
name; leave us not, O Lord our God.

*Jeremiah 14.9*

Be sober, be vigilant, because your adversary the devil is  
prowling round like a roaring lion, seeking for someone to  
devour. Resist him, strong in the faith.

*1 Peter 5.8,9*

The servants of the Lamb shall see the face of God, whose  
name will be on their foreheads. There will be no more night:  
they will not need the light of a lamp or the light of the sun, for  
God will be their light, and they will reign for ever and ever.

*Revelation 22.4,5*

Into your hands, O Lord, I commend my spirit.

**Into your hands, O Lord, I commend my spirit.**

For you have redeemed me, Lord God of truth.

**I commend my spirit.**

Glory to the Father and to the Son  
and to the Holy Spirit.

**Into your hands, O Lord, I commend my spirit.**

Into your hands, O Lord, I commend my spirit.

**Into your hands, O Lord, I commend my spirit.**

For you have redeemed me, Lord God of truth.

Glory to the Father and to the Son

and to the Holy Spirit.

**Into your hands, O Lord, I commend my spirit.**

Keep me as the apple of your eye.

**Hide me under the shadow of your wings.**

**Save us, O Lord, while waking,**

**and guard us while sleeping,**

**that awake we may watch with Christ**

**and asleep may rest in peace.**

1        Now, Lord, you let your servant go in peace:  
          your word has been fulfilled.

2        My own eyes have seen the salvation  
          which you have prepared in the sight of every people;

3        A light to reveal you to the nations  
          and the glory of your people Israel.

*Luke 2.29-32*

**Glory to the Father and to the Son**

**and to the Holy Spirit;**

**as it was in the beginning is now**

**and shall be for ever. Amen.**

**Save us, O Lord, while waking,**

**and guard us while sleeping,**

**that awake we may watch with Christ**

**and asleep may rest in peace.**

***Prayers***

***Silence may be kept.***

Visit this place, O Lord, we pray,

and drive far from it the snares of the enemy;  
may your holy angels dwell with us and guard us in peace,  
and may your blessing be always upon us;  
through Jesus Christ our Lord.

**Amen.**

### ***The Conclusion***

In peace we will lie down and sleep;  
**for you alone, Lord, make us dwell in safety.**

Abide with us, Lord Jesus,  
**for the night is at hand and the day is now past.**

As the night watch looks for the morning,  
**so do we look for you, O Christ.**

The Lord bless us and watch over us;  
the Lord make his face shine upon us and be gracious to us;  
the Lord look kindly on us and give us peace.

**Amen.**